## **Club 55 Senior Center**

By Carol Burrows Club 55 Senior Center Correspondent

'Top-o-the-mornin' to all of you on this Saint Patrick's Day! This is one of those holidays that our family always celebrated. Mom was half Irish and half Norwegian and Dad was half Norwegian and half German but Irish took top billing not only on March 17<sup>th</sup> but all year long. Looking back, I can see the influences that prompted me to also bring that heritage to my children who drank green milk for breakfast as a reminder of this day. I also made it special for my primary students in the classroom with leprechaun pranks, wearing green, and putting the challenge word leprechaun on our spelling list for the week.

Some of you have asked about the Accreditation for the Wisconsin Association of Senior Centers (WASC) and if it will change Club 55. The accreditation will show that Lake Mills has worked hard to provide a gathering space that meets standards of the National Institute of Senior Centers for operation and development. It has taken dedicated volunteers and staff many hours to complete the areas needed for the review board that will visit to assess our work. We are hopeful to have a date for this review yet this spring and will keep you posted.

There is a special Bingo in memory of Jane's mom Betty Smith this Wednesday, March 16, with many surprise prizes. The grand prize for blackout will be \$50 cash. Betty loved to play bingo and win prizes. Culvers mint ice cream will be served as a special treat. Bingo is played in the gym at RLAC from 1-2:30 and is a free game. Thanks, Jane, for this tribute to your moms' memory and sharing it with all of us.

As nicer weather sets in there are more folks taking advantage of the indoor walking that they can do to get ready for finally being able to walk outdoors in the fresh air. No more ice and slush to be cautious of while getting your exercise. Remember that you may use the halls for walking or the equipment in the fitness room during the hours that Club 55 is open (10-3 M-Th). Check the calendar online at <a href="https://www.lakemills.k12.wi.us/recreation/calendar-of-events-club55.cfm">https://www.lakemills.k12.wi.us/recreation/calendar-of-events-club55.cfm</a>

Stay tuned for more information on the May rummage sale and where to drop items off. Maybe you would like to volunteer to help sort and price or help the days of the sale. Call 920-728-2176 to get more information.

The Bia meal for Wednesday, March 23 is Polish Sausage, German Potato Salad, Rye Bread, Dessert. Your order must be made by Friday, March 18. You may order online at <u>https://www.lakemills.k12.wi.us/recreation/bia-meal-</u> <u>program.cfm</u> You may also fill out a form at Club 55 or call 920-728-2176. Meals are ready to be picked up at Club 55 on Wednesdays at 2:30.

We are still collecting membership information so you won't miss any Club 55 activities and can be added to our email listing. This also provides any emergency information we may need while you are attending Club 55 Senior Center activities. You may stop in and fill out a membership form at Club 55 or go online at <a href="https://www.lakemills.k12.wi.us.recreation/clubseniorcenter.cfm">https://www.lakemills.k12.wi.us.recreation/clubseniorcenter.cfm</a>

The Aging & Disability Resource Center (ADRC) of Jefferson County seeks Kitchen volunteers and volunteer drivers for Meals on Wheels in Lake Mills (M-F). It takes about1-1 ½ hours of your time midday and you choose how often you want to deliver lunch meals-no weekends and no deliveries when their office is closed. Drivers use their own vehicles to pick up and deliver meals and check on the wellbeing of participants of Jefferson County's Senior Nutrition Program. Mileage reimbursement is available at .585/mile of delivery route. A background check is required for the safety of our seniors. Meal pick-up is at the Lake Mills Municipal Building, 200 Water Street , Lake Mills, at 10:45 am. Kitchen volunteers arrive at 9:30 am to help package the meals and clean-up the kitchen in preparation for the next day. Please help us provide a hot nutritious meal and ensure the wellbeing of participating seniors. If interested, please contact Kimberly Swanson at 920-674- or KimberlyS@Jeffersoncountywi.gov

Our next foot care is scheduled for Wednesday, April 13. Appointments can be made by calling 920-728-2176.

The weather is improving...the pandemic seems to be under control...we are all anxious to get out!! Let us know some of your ideas for day trips.